
TELEHEALTH ACTIVITIES FOR THE WEEK OF 7/27/2020 TO 7/31/2020

GTS HAPPENINGS

Monday

- Fitness 9:30am-10am
- Arts & Crafts: DIY Door Sign 10:30am-11am

Tuesday

- Fitness 9:30am-10am

Wednesday

- Fitness 9:30am-10am
- Bingo 10am-11am



FITNESS WITH TREVON!

Thursday

- Fitness 9:30am-10am
- Bingo! 1pm- 2pm

Friday

- Fitness 9:30am-10am
- Arts & Crafts: Name Straw Painting 10am - 11am

You will need:

DIY Door Sign: Popsicle sticks,
Markers or Paint- Colors of your
choice, String, Glue

Name Straw Painting: Paint colors
of your choice, Straw (however
many colors you would like to
use)Paper Tape

