# GTS GALLANT THERAPY SERVICES

Weekly Issue No.24

DAILY ACTIVITIES FOR THE WEEK OF 10/19/2020 TO 10/23/2020

## GTS HAPPENINGS

#### Monday

- Yoga 9:30am-10am
- Arts & Crafts: Plate Spiders 10:30am 11am

#### Tuesday

- Fitness 9:30am-10am
- Bingo 10am-11am

#### Wednesday

- Fitness 9:30am-10am
- Bingo 10am-11am

Play is our brain's favorite way of learning.- Diane Ackerman



PAPER PLATE SPIDERS!!

### Thursday

- Fitness 9:30am 10am
- Watch Party! Mr. Drew and His Animals Too-Rats! 10am- 11am

#### Friday

• Yoga 12pm - 12:30pm