## GTS GALLANT THERAPY SERVICES

Weekly Issue No.36

#### TELEHEALTH ACTIVITIES FOR THE WEEK OF 2/22/2021 TO 2/26/2021

# **GTS** HAPPENINGS

#### Monday

- Fitness / Monday Morning Dance Off! 9:30am
- Current Events Activity 10am
- Lunch/ Social Hour 11am
- Directed Drawing / Coping Skills Activity 12pm

#### Tuesday

- Fitness 9:30am
- Bingo 10am
- Lunch/Social Hour 11am
- The Price is Right Game!! 2pm

#### Wednesday

- Yoga 9:30am
- Brainstorming/ Creating Next Week's Schedule 10am
- Lunch/Social Hour 11am
- Bingo 12pm
- Cooking Club: Breakfast Sandwiches! 2pm

Supplies will be sent home for the Lava Lamp craft! You will need to gather food coloring and a spoon.



### HAWAII VOLCANOS NATIONAL PARK TOUR!

#### Thursday

- Fitness 9:30am
- Around the House Scavenger Hunt! 10am
- Lunch/Social Hour 12pm
- Virtual Tour: Hawaii Volcanos National Park and DIY Lava Lamp Craft!! 2pm

#### Friday

- Fitness 9:30am
- Job Skills Jeopardy! 10am
- Lunch/Social Hour 11am
- Kick off the Weekend Karaoke Party!! 12pm