GTS GALLANT THERAPY SERVICES

Weekly Issue No.52

GTS OAKLAND ACTIVITIES FOR THE WEEK OF 6/28/2021 TO 7/2/2021

GTS Oakland HAPPENINGS

Monday

- Coffee Talk! Discuss and Choose Activities 9am
- Fitness: Client Choice 9:30am
- Holler Soap: Learn to make your own bar of soap! 10am
- Lunch/ Social Hour 11am
- Swimming at Alfond Municipal Pool 12:30pm
- Community Clean Up plus Cornhole and Kickball: Pleasant Point Park 2pm

Tuesday

- Coffee Talk! Discuss and Choose Activities 9am
- Fitness: Client Choice 9:30am
- Volunteering at Winterberry Farms 10:30am
- Lunch/Social Hour at North St. 11am
- Swimming at Alfond Municipal Pool 12:30pm
- Mini Golf at Gifford's! 2pm

Wednesday

- Coffee Talk! Discuss and Choose Activities 9am
- Volunteering: Oakland Flower Beds/Community Clean Up at Pleasant Point 9:30am
- Fitness: Client Choice 10:30am
- Lunch / Social Hour at Pleasant Point 11am
- Alfond Municipal Pool 12pm
- Waterville Fire Department Tour! 2pm

Please remember to bring plenty of sunscreen and water, and hats are suggested for all our outdoor fun! Bring a cold lunch for beach days!



WATERVILLE FIRE DEPARTMENT TOUR!

Thursday

- Red Sox Game Trip! 6:30am
- Coffee Talk! Discuss and Choose Activities 9am
- Fitness: Client Choice 9:30am
- Basketball and Tennis at North St Park 10am
- Lunch/Social Hour at North St. 11am
- Alfond Municipal Pool 12:30pm
- Cornhole/Kickball 2pm

Friday

- Coffee Talk! Discuss and Choose Activities 9am
- Fitness: Client Choice 10am
- Lunch at Winthrop Beach 11am
- Swimming at Winthrop Beach 12pm

